

The Spiritual Companioning™ Process



Open the Door



Offer Receptive Silence



Ask Cup Emptying Questions



Focus on Sensory Cues



Ask Virtues Reflection Questions



Ask Closure & Integration Questions



Give a Virtues Acknowledgment



Follow

"What's happening?"

"What's the hardest thing?"

"What are those tears?"

"What would give you the courage...?"

"What was helpful?"
"What is clearer?"

"I honor you for your loyalty to your friend."

